

*Our name has changed*

*Our mission sustained*

**ANNUAL REPORT**  
safe communities<sup>®</sup>  
rainy river district

2009/2010

## Table of Contents

Safe Communities Rainy River District Board of Directors	3
Notes from the Chair	4
Coordinator's Summary	5
United Nation Friendship Centre Report	7
Preventing Alcohol and Risk Related Trauma in Youth Report	9
Rainy River District OPP Report	11
Fort Frances Fire and Rescue Services Report	15
CN Report	18
Family and Children Services Report	20
Riverside Health Care Facilities Report	21
Substance Abuse Prevention Team Report	24
Northwestern Health Unit	26
Report of Approved Funding Requests	28
Financial Report	30

**SAFE COMMUNITIES RAINY RIVER DISTRICT**

***Board of Directors for 2009/2010***

<b><i>Bob Swing</i></b>	<b><i>Chair</i></b>
<b><i>Gerry Armstrong</i></b>	<b><i>Co Chair</i></b>
<b><i>Judith Lindholm</i></b>	<b><i>Secretary</i></b>
<b><i>Ed Yerxa</i></b>	<b><i>Director</i></b>
<b><i>Freeda Carmody</i></b>	<b><i>Director</i></b>
<b><i>John Beaton</i></b>	<b><i>Director</i></b>
<b><i>Peggy Loyie</i></b>	<b><i>Director</i></b>
<b><i>Felix Blasky</i></b>	<b><i>Director</i></b>
<b><i>John Albanese</i></b>	<b><i>Director</i></b>
<b><i>Grace Silander</i></b>	<b><i>Administrative Coordinator</i></b>



## Notes from the Chair



2010 was the transition year for the newly branded Safe Communities-Rainy River District. Although the name may have changed, the continued success of the volunteer driven organization reached new milestones. The partnerships and bonds formed within the community driven structure allowed for sustained program growth. Given the continual economic uncertainty of our new world reality, these links proved vital in 2010.

This current global financial atmosphere has negatively impacted our district. I cannot thank our municipal and corporate partners enough for their continuing economic support.

We began the year with a very important priority: attain funding for the district's substance abuse prevention programming. A tremendous joint effort involving the Ontario Provincial Police, Substance Abuse Prevention Team and our Safe Communities group led to the securing of significant provincial grants enabling for much needed programming and coordination to continue. Credit needs to go to OPP Constable Anne McCoy and SCRRD Coordinator Grace Silander for taking the time to do such a great job in taking care of the painstaking details on this endeavor. Their combined efforts helped make a concept become reality.

A new year will bring new challenges. 2010 witnessed 35 programs, with over 200 volunteers involved, being completed. Great effort will be required to maintain the growth established this year. With a solid spirit of volunteerism and a growing creativity to explore newer, larger partnerships, 2011 has significant programming potential.

I congratulate and thank everyone on their accomplishments and efforts throughout the past year. Coalition partners, members, supporters and leaders should take great pride in their contributions towards making the Rainy River District a safer place to live, learn, work and play.

## Coordinators Summary



I would like to introduce our new name – “**Safe Communities Rainy River District**”. The name change from the Rainy River Valley Safety Coalition to **Safe Communities Rainy River District** reflects a group of **Municipalities and First Nation Communities** designated as “**Safe Communities**”, and better identifies our district wide efforts.

As we complete the journey through a year of safety endeavours, we experience inspirational moments as well as difficult and challenging ones.

The annual report is a time to celebrate our achievements, and to reflect on the outcomes of hours of labour. It is always an energizing and proud moment for myself.

### **Congratulations to our Ambassador for Safety Awards – Safe Communities Canada:**

- Riverside Health Care Facilities – Ambassador for Safety – Business Partner
- Substance Abuse Prevention Team – Ambassador for Safety Award – Community Partner
- Freeda Carmody – Ambassador for Safety Award - Volunteer

Each designated safe community must complete a report card survey annually.

Reaching target groups of all ages and focusing on identified risk factors throughout the District, our programs met the criterion of both Safe Communities Canada and the World Health Organization. Once again the safety efforts in the Rainy River District achieved a perfect score for Attributes of Canadian Safe Communities and Indicators for International Safe Communities.

THANK YOU to those making these scores possible

- Our program leaders and the many volunteers who pitch in and complete the work cycle in the delivery of safety messages within the Rainy River District. The time and efforts in planning, implementation, evaluation and reporting for these committees and programs must be commended.
- Municipal support that has made our efforts possible and helped us with sustainability.
- Our Community and Business partners for their support
- Safe Communities Canada who strive to support our goals
- All who have helped out in any way

What you do makes a Coordinator's position interesting, challenging and a worthwhile effort!

I must reiterate; reflecting on our accomplishments overwhelms me with pride. What we have accomplished with so little dollars is a tremendous feat. I urge you to visit our website <http://safetycoalition.ca> to view the report card or read about activities that are ongoing throughout the District. I hope you will decide to make a donation toward our safety endeavours, or come out and volunteer in one of our programs. It truly is a rewarding experience.

It has taken a long time BUT gradually we are seeing evidence of safety becoming part of daily activities, and not an entity in the responsibility of others.

**Remember - Together we will make our District the safest place to live, learn, work and play!**

Respectfully submitted by

Grace Silander, Administrative Coordinator

Safe Communities Rainy River District



*In Unity There Is Strength*  
516 Portage Avenue

PO Box 752 Fort Frances ON P9A 3N1

[www.unfc.org](http://www.unfc.org)

(807) 274-8541

Safe Communities Rainy River District

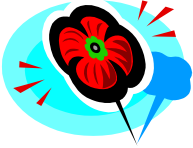
September 2010

On behalf of the United Native Friendship Centre (UNFC) I wish to thank SCRRD Board members and community partners for their work and dedication in the Rainy River District.

The United Native Friendship Centre promotes safety through the following initiatives:

- Annual safety/fire/security inspections and monthly sites inspections.
- Safety is promoted within our staff with First Aid/CPR training, a health and safety policy, a joint H&S committee, home-visiting policy, and safety procedures.
- Throughout the year our staff carried out and/or participated in various promotions such as safety for Internet, water, car seat, bike, canoeing and golfing, also seniors falls prevention, exercising safely, safe food handling, cooking for diabetic's workshop, infant massage, smoking cessation, swimming lessons, food bank, and fundraisers.
- Examples of events and programs carried out throughout the year includes: Mothers Against Addictions, Medicine Walks, National Addictions Workshops for Families,





Sobriety Walk, Hunger Awareness Day, National Day of Remembrance, Community Youth Justice conferences, Healthy Living programs, Online Learning, Women's Health Symposium, Young Women's Symposium, Remembrance Day Veteran's Powwow, and Breakfast Buddies program at Huffman School, etc.

- UNFC staff partners SAPT, Coming Together for Kids Coalition, Victims Services, Health Access Centre, Strengthening Families, Native Housing, Legal Clinic, Justice Coordinating, Best Start Network, Sixth/Webster Outreach, Safe Communities Rainy River District and sits of many of these Boards and committees .

As part of the SCRRD we have become more aware of the services offered in the community and of the safety initiatives. It is a privilege to be part of Safe Communities Rainy River District.

Sincerely,

Judith Lindholm,

UNFC Program Director



### OCTOBER 2010 REPORT



Year Three has seen new changes and advances in program improvements. Incorporating injury survivors into the program delivery, and adding a halo vest to enhance the impact of the practical experience helped in the accomplishment of our goals.

Our Injury survivors were Raeann Watson and Patsy Roy who delivered heartfelt personal stories of how their lives were changed.

Patsy's presentation was especially powerful when she asked for male students to volunteer for her to hug, explaining that she can no longer hug her son, who died tragically. She encourages students to go home and give their parents a hug. Teachers have reported receiving feedback from parents who have called indicating that their kids, not normally the huggy types had been giving them hugs. This shows the powerful impact of the injury survivor's message.

183 students attended the program. The hospital portion of the program was improved with the addition of the morgue and x-ray departments.

The Rainy River District was successful in securing a Proceeds of Crime Grant to help in the delivery of our Substance Abuse program education and delivery

As part of proceeds of crime grant, the PARTY program received a \$25,000 package of tools from Fatal Vision (InoCorp). These tools included SIDNE (Simulated Impaired Driving Experience) which is a drivable go-cart that is driven around a course and is put in a mode that delays driver's reactions by 1 ½ secs. Other tools are Distract A Match, Intox-A Clock, Fatal Reactions, Fatal Reflections, Tunnel Vision Lens, Line Detector and Sum It Cup which all give more hands on for the students.





These tools are available to the community, by booking on line through the Ft Frances High School website. A partnership of the medical first responder students and their computer teacher has developed a Ft Frances P.A.R.T.Y. website. A Facebook site (Fort Frances PARTY Program) is also available for public viewing.

Goals for 2010 – 2011 school year:

- Train a core group of about 14 persons to run SIDNE and the other Fatal Vision tools.
- Incorporate more hands on activities for the students.
- Explore other funding opportunities to produce another mock crash video focusing on texting and distracted driving.
- Replace the Annie mannequin with one that can realistically depict a trauma victim in emergency. Recommended is the SimG (an computerized mannequin) be used for P.A.R.T.Y. program and high school first responder training.

A partnership has been established with Inocorp to develop tools for head injury prevention which will be tested at our P.A.R.T.Y. presentation. We continue to enjoy wonderful working relationships and partnerships with Ft. Frances Community Policing Committee, Ft. Frances Macdonald's restaurant, Ft. Frances Safeway, Sunset Metis Association, Safe Communities Rainy Rver District, Riverside Health Care Facilities and other community partners

John Beaton,

Fort Frances P.A.R.T.Y. Coordinator



**Rainy River District OPP Detachment Area**

**Annual Report 2010 for the**

**Safe Communities Rainy River District**

---

**Overview:**

The Rainy River District is a large area in the North West Region that contains hundreds of accessible bodies of water, several Provincial highways and many communities. These geographical factors continue to present the biggest challenge for policing in the District. The communities of Fort Frances and Atikokan are under policing contracts. The OPP also provides non-contract policing services to the municipalities of Alberton, Lavallee, Emo, Chapple, Morley, Dawson, Lake of the Woods and Rainy River.

**Available Community Awareness and Activities:**

1. D.A.R.E. program taught in all grades five/six classes within the Rainy River District Board of Education and the Northwest Catholic District School Board.
2. The Ontario Provincial Police is an active member of the Rainy River District Opiate Task Force. In July 2009, a Community Drug Enforcement Team (CDAT) dedicated a team to investigate drug misuse on a local level. The CDAT consists of full time OPP drug enforcement officer working locally in the Rainy River District to investigate drug trafficking, help develop informants and conduct drug presentations. The officers help bring awareness of the drug misuse, local trends and liaise with community organizations such as the Opiate Task Force and the Substance Abuse Prevention Team.
3. Summer student employment opportunities for students between the ages of 15 to 29 years of age. Duties include marine patrol, highway patrol, crime prevention and general assistance to patrol officers. For the summer of 2010 the OPP hired three full time summer students.
4. Aggressive driver initiatives are conducted within the district targeting aggressive drivers, seatbelt usage and other Highway Traffic Act Offences. This year, the OPP is working in conjunction with the Rainy River Valley Safety Coalition to help reduce the number of motor vehicle collisions through education and enforcement initiatives.

5. R.I.D.E. (Reduce Impaired Drivers Everywhere) officers conduct directed patrols aimed at impaired drivers.
6. Provincial Seat Belt Campaigns are conducted routinely. Locally, officers focus on compliance of seat belt use, conducting seatbelt surveys and proactive initiatives to increase seatbelt usage.
7. Community Service Officers conduct infant car seat presentation at prenatal classes at Riverside Health Care Hospital in conjunction with Northwest Health Unit. The Rainy River District OPP has one officer with a Child Restraint Installation Instructor certificate.
8. Marine patrol on area waterways promoting safe boating and awareness.
9. Presentations given upon request to various clubs, organization and students pertaining to Elder Abuse, Fraud, Theft, Bullying & Cyber-bullying, Pre-school age children safety presentations, Crime Stoppers, Impaired Driving, P.A.R.T.Y. Program, Bicycle Safety, OPP Detachment Tours, Bicycle Rodeos, Driver Education, Travelling Alone and Drug Awareness.
10. Public service announcements and media campaigns concerning various public safety, policing initiatives and police enforcement results.
11. Drinking and Driving Simulator car presentations provided upon request.
12. Informational booths provided upon request, as availability allows for fairs.

### **Initiatives from 2009/2010:**

1. The OPP is continuing to support the Rainy River District Celebrating Diversity Committee. A committee initiated by the OPP, to promote dialogue between various leaders of our community and determine how we can partner together to develop proactive initiatives to celebrate the Diversity within our District. The committee was designed to help develop strategies to support the wealth of differences within our District. The committee is designed to educate members and then take the initiative to help support differences in our society including culture, age, disabilities, gender, race, those receiving public assistance (in accommodation), sexual orientation, ethnic origin, etc. The Committee has grown to include support from all municipal communities within the Rainy River District. The Diversity Committee continues to meet the first Wednesday of the month at the Fort Frances Library and Technology Centre to build strategies to promote diversity.
2. The OPP initiated a Seniors And Law Enforcement (SALT) Committee. A Committee designed to help create awareness regarding older adult issues, promote safety and wellness for seniors, support senior with resources and provide a venue to listen to what the needs are that affect the older adult community. SALT meets the last Tuesday of each month at the Super 8 Hotel in Fort Frances. A partnership with Super 8 Hotel allows older adults an opportunity to exercise in the pool before attending the meeting and at each meeting a meal is provided.

3. OPP Summer Student program designed and implemented bicycle rodeos throughout the Rainy River District. The OPP teamed with Emo Township, the Northwestern Health Unit and the Rainy River District Community Policing Committee to help educate young children about bicycle safety and the importance of wearing a helmet while riding their bicycles. Fifteen children went through the bicycle rodeo course, had their bicycles inspected and all participants received a prize. The Rainy River Community Policing Committee donated prizes for the participants. Secondly, the OPP Summer coordinated the Positive Tickets program offering coupons for free ice cream for those kids found wearing their bicycle helmet. This OPP program was in partnership with the Town of Fort Frances.



5. In October, OPP teamed with Family and Children’s Services to deliver Operation Safe Halloween. Family and Children’s Services has coordinated the distribution of glow sticks to help keep children safe on Halloween. The glow sticks act as a night light that can be worn by children as they trick-or-treat to make themselves more visible to motorists. With the financial support of the Rainy River Valley Safety Coalition and CN Rail, the program has been expanded to take the initiative district-wide. This year, as a Rainy River Valley Safety Coalition partner, the OPP Community Services Officer Anne McCoy teamed with a member of FACS and attended schools within the Rainy River District. Every child between kindergarten and grade 8 received the safety presentation and a glow stick. Be visible, be safe was the theme.



6. The Rainy River District OPP has teamed with the Safe Communities Rainy River District for numerous events including display booths.

7. The Ontario Provincial Police and Treaty Three Police are proud to continue to offer the DARE program to all Gr. 5/6 students in the Rainy River District. Tim Horton’s Restaurant in Fort Frances is a major sponsor of the DARE program and together we contact over 400 students each year to teach the Drug Abuse Resistance Education Program. This year, the Substance Abuse Prevention Team helped the OPP and Treaty.



8. The Ontario Provincial Police teamed with the Substance Abuse Prevention Team to apply for funding to sustain the SAPT program. Provincial grant funding in the amount of \$99,840.00 was received through the Ministry of Community Safety and Correctional Services through a partnership with the OPP, SAPT, Fort Frances Police Services Board and the Rainy River District Safe Communities. As a result of the funding, the SAPT program coordinator was sustained and program equipment was purchased.

***Conclusion:***

The Ontario Provincial Police is pleased to be a partner of the Safe Communities Rainy River District. The OPP continues to engage in ongoing discussions and consultations with our community partners throughout the year in the Rainy River District. The information and insight gained through these partnerships assist us in understanding what our local policing priorities are.

The OPP wishes thank the members of the Safe Communities Rainy River District for their continued support in helping to make the Rainy River District a safe place to live, play and work. Together, we are making a difference.



Fort Frances Fire & Rescue Service  
Fire Prevention & Public Education  
Annual Report 2010  
To The  
Safe Communities Rainy River District

**Overview:**

Fort Frances Fire & Rescue Service (FFFRS) continues to provide education in Fire and Life Safety throughout the Community and the Rainy River District. We are dedicated to ensuring the highest level of programming and delivery techniques are utilized when imparting educational material necessary for residents to keep safe.

**History:**

In previous years, Fort Frances Fire & Rescue Service has been very active in achieving the safety needs of the Community and District and 2010 was no exception. While continually analysing local safety issues, the FFFRS continues to develop, implement, deliver and evaluate all programs to ensure we maintain quality safety initiatives.

**Present Community Awareness and Activities:**

*A number of comprehensive programs are*

*presently being offered and delivered in the*

Community. These programs are directed at what are considered to be groups at higher risk to fire and other safety concerns. For example, Risk Watch is promoted in elementary schools to help young persons make smarter choices in eight separate categories of safety. firefighters

Older Adults are provided education through group discussions and programs such as Older & Wiser. Fire Prevention Week provides the advertised opportunity to reach all age groups in between with general fire safety





messaging on topics such as safe cooking, candle safety and safe use of smoking material.

***Developed programs presently offered by the FFRS are as follows:***

- Risk Watch for elementary schools
- TAPP-C The Arson Prevention Program for Children
- Fire Station Tours with general fire safety messages geared to age
- School Fire Safety & Exit Drill Practices
- “Alarmed For Life” Smoke Alarm Program
- Fire Prevention Week Activities and Awareness Displays/Presentations
- Commercial & Industrial Fire Safety Plan Staff Training
- Fire Safety Training for Staff in Health Care Facilities
- Fire extinguisher training for the workplace
- Routine Fire Safety Inspections/Inspections upon complaint and request
- General Fire Safety Public Service Announcements

***2010 Results:***

- Anticipate completing the required annual Fire Safety Inspections of 175 commercial and industrial establishments within the TOFF
- Fire Safety Presentations for students from JK to grade 6, both within Fort Frances and neighbouring Municipalities
- Approximately 650 students in our schools received a visit from the Fire Department with a message of fire safety during Fire Prevention Week
- We continue to provide Staff training sessions regarding workplace Fire Safety to many Commercial and Industrial Occupancies within Fort Frances and outside the Community.
- Fire extinguisher training continues for many workplace employees within Fort Frances and the request for Fire Department training continues to increase.
- The Fire Department continues to utilize a variety of safety related public service announcements, having aired on the local radio stations and in the local paper
- Older Adult Fire Safety sessions continue to be delivered at Senior Housing Complexes
- The recently revised Risk Watch Program is continuing in the District School System

- The Fire Department has seen an increase in referrals to the TAPP-C Program this year. This includes participants involved in the program in its entirety as well as those who have received the Fire Department component only.
- One exit drill at each school is witnessed by fire service personnel annually
- Fire Safety Displays have been established at various locations within the Community throughout the year



*Fire Safety Day at Canadian Tire  
Captain Kirk Armstrong  
Photo Courtesy Fort Frances Times*



*Local Firefighter training session*

## **Conclusion:**

The 2010 Safety Season has been yet another busy and challenging exercise for the Fort Frances Fire & Rescue Service. We are continuing to see positive results in reduced costs regarding fire loss and most importantly, reduced deaths and health care requirements caused by a variety of preventable injuries. A huge thank you goes out to all the Firefighters in the Fort Frances Fire & Rescue Service for their dedication and commitment to ensuring safety to the residents of our Community.

Sincerely

Wayne Riches

Fire Safety Specialist

Fort Frances Fire & Rescue Service



## Annual Report 2010 To The Safe Communities Rainy River District

*Teaching our children about safety, AND providing the resources that promote safety, builds our future. These individuals are our future businessmen and women, our future Mayors and Reeves.*

*Initiatives targeting the Modification of behaviours today will provide a safer lifestyle for the future, as "safety" will become the "Priority of Life"*

The 2009 theme "Always take the safest route by eliminating the utilization of CN property" continued



We reinforced both knowledge and respect for trains, train traffic and the crossing areas over CN rails through the teaching of safe practices for rail crossings, both controlled and uncontrolled. We continued our focus of **Where** to cross, **How** to cross, and **When** to cross, in an effort to establish the use of safe routes while going to school, or moving across the community where the rail system is crossed.

School activities raised youth awareness in risks and consequences of trespassing around the rail systems. Working with youth to identify barriers to using safe routes and trails has been so helpful to identify improvement measures and begin the planning processes and that will reduce the temptation to use uncontrolled areas while crossing busy streets and rail systems.

Traffic efforts are ongoing educating drivers regarding high impact areas and the need for reduced speed. Our safety efforts continue to monitor speeds travelled in the school zones and target aggressive driving throughout our communities. Teaming with other initiatives has augmented the extent of this endeavour and enhanced our ability to achieve bigger and better goals.

Partnerships have increased our ability to entice volunteers to help to develop safer routes and trails for both children and youth. Plans are currently developing a process to monitor safe trails, and crossings for our community kids so they can safely move about the communities.

A priority focus is the establishment of bridges and access aids that will enable the crossing of deep, wet ditches and promote walking trails conducive to accessing school areas and other sides of towns in a safe manner. This work continues today.

Thanks to the achievements of CN grants and the many partnerships with media, OPP, Treaty Three Police, Safe Communities Rainy River District, Boards of Education and numerous volunteers we are confident there have been behavioral modifications, changes in thought processes, and an increase in safety measures of all ages throughout the Rainy River District.



Family and Children's Services  
of the District of Rainy River  
www.facsrr.ca

## Family and Children's Services

### Partner Report 2010

The safety of our children and youth continues to be our number one priority, especially on a night such as Halloween where many roam the community streets. 2010 marks the ninth year of Project Safe Halloween at Family and Children's Services. Once again, the Safe Communities Rainy River District played a key role in the preparation, finance, and delivery of Project Safe Halloween.

A total of 4000 glow sticks were ordered and this year we had set up a booth at the Fort Frances High School on October 18, 2010, which marked a Professional Activity Day for the Rainy River District School Board principals and teachers. This event gave us the opportunity to distribute glow sticks to many schools at once. Members of Safe Communities Rainy River District volunteered their time to manage the booth throughout the day, ensuring that all schools would receive their glow sticks.



For other schools and preschool programs that were not members of the Rainy River District School Board, many individuals attending the P.A. Day were willing to help in the delivery of the remaining glow sticks. This only goes to show how successful a project can be when people work together.

In addition to the distribution of glow sticks to district schools and preschool programs, glow sticks were available at Tess' Kitchen "Haunted Backyard" and the O.P.P. detachment in Fort Frances and Atikokan for the children and youth that may have not yet received one.

A project that started simply in 2003 that consisted of handing out 250 night lights from our old Scott Street office has grown tremendously, and we at Family and Children's Services are thankful for every effort that has been put forth by all members of Safe Communities Rainy River District.

It is evident that all members of the Safe Communities Rainy River District are very eager to help in any way possible, and every effort is truly appreciated. Partnerships always allow for new and fresh ideas, and with the continued support from Safe Communities Rainy River District, we look forward to seeing how Project Safe Halloween will grow.



Submitted By:

Betty-Anne Johnson  
Manager of Community Services & Quality Assurance

Family and Children's Services of the District of Rainy River  
240 First Street East, Suite 200, Fort Frances, ON P9A 1K5



**RIVERSIDE HEALTH CARE FACILITIES INC.**  
“CONNECTING COMMUNITIES – COMMITTED TO CARING”  
**PARTNER REPORT FOR THE**  
**SAFE COMMUNITIES RAINY RIVER DISTRICT ANNUAL REPORT**

Riverside Healthcare Facilities Inc. is pleased to provide an annual report to the Safe Communities Rainy River District, with whom we have enjoyed a longstanding partnership. Our partnership with the Safe Communities has been both beneficial and complimentary to our organization, this year receiving the “Ambassador for Safety Business Partner Award.” We truly appreciate receiving this honor, which supports and promotes our mission and values:

- “To provide quality patient care with a commitment to clinical achievement, safety and enthusiasm to assure the best possible health care”
- “To support a safe and healthy work environment where each person is valued and respected and where personal and professional growth is encouraged”
- “To respond to community health care needs and providing creative, ongoing community support initiatives”

Riverside Healthcare Facilities provides primary, secondary, long-term care and community health services at our five health care facilities across the Rainy River District. While this past year has involved some changes internally, we have been focusing our efforts on standardizing safety programs, consistency of processes throughout our facilities and expanding our services. Riverside promotes a safe and healthy environment through various working groups and committees:

**Quality Management** is an avenue for improving processes, reducing and/or eliminating adverse events for the patients and staff to ensure quality safe patient care. Satisfaction surveys are one avenue we use to elicit feedback on how our patients/residents/clients perceive the services we provide. Riverside continues to adapt best practice guidelines and looks for continual quality improvement. Staff members receive continual updates and education on changes to policies, procedures and best practices.



**Occupational Health and Safety** is part of our everyday life at Riverside. Further certification training both basic and site specific will help to ensure knowledge and commitment to oversee safety processes and a safe environment. We have 3 staff whom have become certified trainers to provide Non-Violent Crisis Intervention in-services to staff at all facilities. In response to the changes in the Occupational Health and Safety Act pertaining to Violence in the Workplace, Riverside has ensured its policies and procedures address bullying, harassment and workplace violence. During our recent Accreditation survey in October 2009, Riverside was recognized for the “Contractors Workplace Safety Booklet”, which outlines responsibilities under the Occupational health and Safety Act.

**Infection Control** efforts have focused on the most important factor in the reduction of spreading disease and infection-Hand washing. We have adopted the program “Just Clean your Hands”, and for Infection Control Week will be traveling to all sites to demonstrate/talk with front line staff. Alcohol based hand-sanitizers have been installed throughout all of the facilities, at point of care. Public service announcements as well as literature and poster boards throughout the facilities are helping to educate our patients/residents/clients/visitors to the importance of protecting themselves from infections. We have just begun our annual influenza immunization campaign for staff.



**Patient safety** is essential in the delivery of quality, safe care. Last year, Riverside Health Care Facilities developed a wallet sized medication record that allowed the user to keep medications, vitamins, over



the counter and other dietary supplements all on one simple card in your wallet/purse. This recorder has been very well received, and remains available throughout the District at Clinics, Health Centers, Retail pharmacies and other health care providers. Patient safety remains a key component in the Accreditation processes that Hospitals undergo. Riverside health Care Facilities went through the Accreditation process in October of 2009, and received a three-year

award. Riverside continues to participate in the Senior’s Wide Falls Prevention Program, with all facilities having teams consisting of front line staff, managers and Improvement Facilitators. We continue to monitor and report our statistics, with the goal to continue to reduce the number and severity of falls at all our facilities. November 1-5, 2010 is recognized as Patient Safety week, and the

Director of Patient Safety will be visiting all of our facilities to speak with front line staff and stress the importance that “Patient Safety is Everyone’s Job.”

We value our ongoing partnerships with the Safe Communities Rainy River District and will continue to provide support and resources to the Opiate Task Force and the PARTY program. A special thank you goes out to the Emergency and Diagnostic Imaging departments, for their participation in this valuable program for the young people of this community. Riverside is committed to ensuring safe health care services and programs for the communities we serve. We look forward to an exciting new year full of challenges.

For further information contact:

Glenna Morand (807) 274-5603 or [g.morand@rhcf.on.ca](mailto:g.morand@rhcf.on.ca)

Felix Blasky (807) 274-4818 or [f.blasky@rhcf.on.ca](mailto:f.blasky@rhcf.on.ca)



## RAINY RIVER DISTRICT SUBSTANCE ABUSE PREVENTION TEAM

### ANNUAL REPORT 2009-2010

For

### SAFE COMMUNITIES RAINY RIVER DISTRICT

This past year has been one of huge change for the Substance Abuse Prevention Team. Funding that had been in place annually since 1998 came to an end in March 2010. Many of the 22 Substance Abuse Prevention groups located across Ontario simply ceased to exist this past spring.

In the Rainy River District however, the “Team” committed to continuing doing prevention work and secured funding through a new partnership with the Fort Frances Police Services Board. As a result, a grant through the Proceeds of Crime fund from the Ministry of Community Safety and Corrections received in the amount of just over \$99,000.00.

New program equipment has been purchased and a part time coordinator has been able to continue being active throughout the Rainy River District since May 2010.

The “new” Rainy River District Substance Abuse Prevention Team has also moved its office and administrative support to partner with the Rainy River Tribal Health Authority. This arrangement has been very positive and as a result new partnerships have developed.

Education and awareness of substance misuse and working with youth in particular continues to be the primary goal of the RRD-SAPT. Educational booths at many district events have occurred with partners co-boothing with the “Team”. A few of these events were Rainy River Railroad Daze, the Fort Frances Trade Show, the Emo Fall Fair, Couchiching Health Fair, and the Atikokan Trade Show.

Presentations to youth by the Coordinator & Team Partners have taken place at Big Island & Couchiching First Nations prior to the youth starting summer employment. School presentations have been made at the high school level in Fort Frances and Lac La Croix First Nation and at the elementary school level at Donald Young School, Big Island School, Lac La Croix School and Riverview Elementary School in Rainy River.



One of the major components in the youth presentations is sharing the videos of the photo voice projects made by high school students in previous years. Without exception, the youth viewing the videos are mesmerized by the videos. Youth teaching youth is definitely a powerful method of influencing young people in making healthy choices about substance misuse.

Without a doubt, the past year has been challenging for the Substance Abuse Prevention Team but at the same time, very exciting. Over the past year it has become apparent that the Substance Abuse Prevention Team can withstand change and come out as a stronger and more revitalized organization.

Submitted on behalf of the Rainy River District Substance Abuse Prevention Team.

Hugh Dennis    Coordinator



The Northwestern Health Unit’s Chronic Disease Prevention and Injury & Substance Misuse Prevention staff have been active members of the Safe Communities-Rainy River District throughout the 2009-2010 fiscal year. Injury prevention is an important component of the Northwestern Health Unit’s mandatory programming. Over the past year, we have been involved in various activities that promote safety within the Rainy River District. The Northwestern Health Unit is an active partner in local healthy community coalitions in Atikokan, Emo-Lavallee-Chapple and Rainy River as well as local Seniors’ Coalition in Fort Frances. Through the efforts of these coalitions, we have been able to offer a variety of programs to promote safety over the past year including:

- Medicine Cabinet Cleanout:** In March 2010, the local Seniors’ Coalition & Emo-Lavallee-Chapple Healthy Communities Coalition, in partnership with local pharmacies, collected 122.5lbs of expired and unused medications from Emo and Fort Frances area residents. Over 80 community members participated in this program. This is an important program to increase awareness that medications should be safely disposed to prevent incidents of medication theft or improper usage. The Seniors Coalition also developed and distributed a Blister Packaging brochure to local pharmacies to increase community members about safe options for medication use.



- Seniors and Law Enforcement Team:** This is a new initiative that is being developed in partnership with local seniors and partners of the Seniors Coalition. The program aims to engage seniors in addressing local issues and working together with service providers to improve the health and safety of our community.



- Car Seat Inspections & Awareness:** A car seat inspector training was hosted in the past year increasing the number of partners we have in the district to conduct car seat inspections.

- Falls Prevention Promotion & Education:** Sage Advice and Gentle Exercises for

Seniors programs continue to run throughout the district. This program promotes seniors to be active as a means of falls prevention and provides educate for home safety for seniors.



- **Bike Safety** – Bike Rodeos were held in partnership with the OPP throughout the district during the summer.

The Northwestern Health Promotion program is proud to be associated with Safe Communities-Rainy River District and the contributions they have made over the past year toward improving safety in the Rainy River District. We look forward to continuing our membership with the organization in the upcoming year.

Sincerely,

*Becky Holden*

Health Educator

Northwestern Health Unit

396 Scott Street, Fort Frances, ON P9A 1G9

## Community Funding Requests Sponsored 2009/2010

<b>Date of Request</b>	<b>Group</b>	<b>Approved Funding</b>
April 13, 2010	Fort Frances High School Chem Free Grad	600.00
May 21, 2010	Atikokan Triple P	300.00
May 27, 2010	Rainy River High School Chem Free Celebration	250.00
June 13, 2010	Steep Rock Riders Cycling Club	350.00
June 2010	Family and Childrens Services –Project Safe Halloween	2214.80
<b>Total Funding Requests Approved</b>		<b>3714.80</b>

**Safe Communities Rainy River District  
Income Statement Aug 01, 2009 to Jul 31, 2010**

**REVENUE**

**Funding**

Municipal Per Capita Donation	1,583.00
Federal Grants	8,120.00
Provincial Grants	<u>75,829.62</u>
<b>Total Funding</b>	<u>85,532.62</u>

**Other Revenue**

Fundraising Events Revenues	1,661.11
Interest Revenue	800.00
Misc. Donations	15,112.99
Miscellaneous Revenue	<u>80.00</u>
<b>Total Other Revenue</b>	<u>17,654.10</u>

<b>TOTAL REVENUE</b>	<u>103,186.72</u>
----------------------	-------------------

**EXPENSE**

**General & Administrative Expenses**

Accounting & Legal	787.50
Administrative Coordinator	21,750.00
Advertising & Promotions	3,637.41
Amortization Expense	102.00
Bank Charges and Interest	0.00
Business Fees & Licenses	1,562.20
Insurance	323.81
Courier & Postage	0.00
Interest & Bank Charges	44.63
Office Supplies	<u>661.65</u>
Total Administration	28,869.20
Equipment	29,654.52

# ANNUAL REPORT | 2009/2010

---

Communications	1,418.10
Fundraising Expenses	350.00
Meals	5,913.29
Other Expenses	1,362.01
Personnel	150.00
Training	7,075.30
Youth Camps	0.00
Travel	4,129.09
Supplies	<u>780.46</u>
<b>Total General &amp; Admin. Expenses</b>	<u>79,701.97</u>
<b>TOTAL EXPENSE</b>	<u>79,701.97</u>
<b>NET INCOME</b>	<u><u>23,484.75</u></u>

**Generated On: Oct 27, 2010**

Note: This report reflects the activity of all programs under Safe Communities Rainy River District.

Administrative Coordinators are active in programs as well as the Safe Community leadership.

Grants are inclusive of all program grants